

Heart Food "ONIGIRI" Product Information



Bonito flakes



Curry flavor



Tomato Ketchup Flavor

Specifications and appearance may be changed without prior notice as part of ongoing product improvements.

Product name	Heart Food "ONIGIRI" rice ball for long-term room temperature storage
Product Category	Rice product (pre-cooked pouched food)
Ingredients	Bonito flakes: Cooked rice (Japanese domestic rice), dried bonito broth, soy sauce-flavored seasoning (salt, fructose-glucose syrup(FGS), hydrolyzed protein), shaved dried bonito, salt / alcohol, seasoning (amino acids), caramel food color, acidity regulator, flavoring
	Curry flavor: Cooked rice (Japanese domestic rice), curry powder, tomato powder, onion bouillon, salt
	Tomato Ketchup Flavor: Cooked rice (Japanese domestic rice), tomato powder, onion bouillon, salt
Sterilization method	Sealed in an airtight container and sterilized with pressurized heating
Contents	100g
Best Before	Printed at the bottom of the product surface.
Storage instructions	Store at room temperature, avoiding direct sunlight.
Serving Instructions	This product can be consumed directly from the pouch. No water, cooking, or utensils required.
Distributor	Rohto Pharmaceutical Co., Ltd. 1-8-1 Tatsumi Nishi, Ikuno-ku, Osaka, Japan
Manufacturer	Daruma Foods Co., Ltd. Zenibako Factory 3-524-7 Zenibako, Otaru City, Hokkaido, Japan

Nutrition Facts (per 100g, estimated values)

	Energy	Protein	Fat	Carbohydrates	Salt equivalent
Bonito flakes	173kcal	3.8g	0.9g	35.9g	0.8g
Curry flavor	159kcal	2.7g	0.9g	33.5g	0.7g
Tomato Ketchup Flavor	175kcal	3.1g	0.9g	37.1g	0.8g

Precautions

- This product does not contain any of the 28 major allergens listed below.

Shrimp	Crab	Wheat	Buckwheat
Egg	Milk Ingredients	Peanuts	Walnuts
Almonds	Abalone	Squid	Salmon Roe
Orange	Cashews	Kiwi	Beef
Sesame	Salmon	Mackerel	Soybeans
Chicken	Banana	Pork	Macadamia Nuts
Peach	Yam	Apple	Gelatin

- This product is a pre-cooked pouched food.
- Be careful not to injure your fingers on the edges while opening the package or removing the contents.
- An oxygen absorber is included. Please remove it, as it is not edible.
- Once opened, please consume as soon as possible, regardless of the expiration date.
- When disposing off this product, please follow your local waste disposal guidelines.
- It can be relished as it is, but heating enhances the flavours.

【Heating Instructions】

① If Using Hot Water (Boil-in-Bag Method):

Without opening the pouch, place the outer bag in simmering water and heat for about 10 minutes.

② If using a Microwave:

Take the pouch out of the outer bag, remove the paper wrap and the oxygen absorber, and microwave it without removing the film.

Microwave Heating Guide
500W: approx. 60 seconds.
600W: approx. 50 seconds.



Do not microwave the pouch together with the outer bag.

※ The outer bag contains aluminum. Heating it in the microwave may cause sparking or fire.

※ The product will be very hot after heating. Please take care to avoid burns.

Size, Weight

Package Size: 170mm×170mm×25mm

Carton Size: 490mm×355mm×H192mm

Quantity per Carton: 50 units

Gross Weight: 6.4kg